



Advena
HEALTHCARE STAFFING

AHS Insider

Monthly Newsletter

Love is in the Air

We've all heard the quote, "if you love what you do, you'll never work a day in your life."

While many of us in healthcare and long-term care might not agree with that literal sentiment, there's something to be said for loving your job.



Several studies found that employees who love their jobs are more productive, engaged with others, and have less stress. They may also find greater fulfillment in their job responsibilities and purpose in their careers.

At AHS, we want our staff to love what *they* do, because we love what we do— fill open needs to help businesses be successful.

Go Red for Women



February 3rd was "Go Red for Women" Day.

The initiative from the American Heart Association raises awareness about cardiovascular disease, which continues to be the leading cause of death for women.

We encouraged our AHS staff to wear red in solidarity to fight heart disease.

For better heart health, the American Heart Association recommends you eat a healthy diet with fruits and vegetables, exercise more, quit smoking and manage your stress.

Friendly Reminders

Today (February 17) is National Caregivers Day.

On this day, we honor all professional and personal caregivers for their dedication, selflessness and compassion in helping others.

We are thankful for those who have chosen this as their profession in skilled nursing, assisted living, hospitals, home health and hospice.

“ Caregiving often calls us to lean into love we didn't know was possible.”

Tia Walker, Author of "The Inspired Caregiver"



Shout Outs

Six Year Anniversary

Cristi C.

Four Year Anniversary

Arely B.

Two Year Anniversary

Shilae B.



Check out our Blog

We are excited to announce that we have started a new blog on our website. [Click here](#) to read our latest blog posts.



The Benefits of a Flexible Work Schedule

Job flexibility is a big selling point. Click below to see the benefits of a flexible work schedule for both the employee and the employer.

[Learn More](#)



Increase Your Productivity at Work

We all have moments of lost productivity at work. Read our blog to learn four simple steps to help you re-focus.

[Learn More](#)

Special Events

Tanner-Foster Conference

AHS is going to the Tanner-Foster Conference March 7th and 8th in Manhattan, KS.

Stop by our table and say hello.



Congratulations



Go Chiefs!

Congrats to the Super Bowl LVII Champions!

Jennifer, our Director of Staffing and Client Relations, joined the sea of red Wednesday at the Chiefs victory parade in Kansas City.

Jennifer said it was a lot of fun being around so many people that were excited about the Chiefs winning the Super Bowl. The energy of being there made the waiting and cold worth it!